

### **BREEDING GOALS**

1

Breed enough high EBI replacement heifers that are suitable for your farming system. 2

Have all replacements born in the first 4 weeks of the calving season to ensure ease of management and to promote retention in the herd. 3

Increase the value of beef calves produced by using high genetic merit dairy beef bulls, delivering high beef value stock while ensuring calving ease and acceptable gestation length.

### MAXIMISING GENETIC GAIN IN YOUR HERD.

Cow selection –
Select your highest
EBI, most productive
cows that are
trouble free to breed
replacements from.
Use your milk
recording report to
select your most
productive cows.

Breed replacements from your maiden heifers – Your maiden heifers should be the highest genetic merit animals on your farm. Breeding replacements from them will accelerate genetic gain. It will also facilitate the use of easy calving bulls with high reliability on them which is crucial for their future fertility and survival.

Use a team of high EBI dairy sires – Use high EBI dairy sires that will breed cows to suit your farming system. It is also important to use an adequate size team – see page 5. Use some sexed semen if appropriate – Using sexed semen will allow you to be more selective with the females to breed which will further accelerate genetic gain – see page14

### BREEDING COWS TO SUIT YOUR FARMING SYSTEM.

Below is an example of an Economic Breeding Index (EBI) herd summary report.

Average EBI for all dairy cows with: (i) a known sire (or milk recorded progeny with a known sire) and (ii) are currently on your farm.

\* Number of animals that are missing an EBI result

Animal Group	Num of Cows	Milk Kg Fat Prot	% %	Surv % CI Days	Milk	Fertility	Carbon	Calv	Beef	Maint	Mgmt	Health	EBI€
Cows wtih EBI	88	109			€54	€91	€7	€38	€-4	€13	€2	€7	
Missing EBI*	0	7.6	0.06	2.3									€209
Total Cows	88	8.2	0.07	-5.0									
1st Lactation	15	103			€69	€94	€7	€41	€-6	€13	€2	€6	
		10.0	0.11	2.6									€227
		9.7	0.11	-5.0									
2nd Lactation	14	79			€64	€91	€8	€42	€-4	€13	€2	€8	
		8.7	0.09	2.5									€223
		9.0	0.11	-4.7									
3rd Lactation	15	37			€49	€85	€9	€38	€-4	€13	€2	€4	
		6.8	0.09	2.2									€197
		6.5	0.09	-4.6									
4th Lactation	12	233			€61	€85	€-1	€37	€2	€8	€2	€4	
		8.0	-0.01	1.9									€200
		11.1	0.05	-4.9									
5th Lactation (+)	32	112			€43	€95	€6	€35	€-4	€14	€2	€10	
		6.1	0.03	2.3									€204
		6.8	0.05	-5.2									

To breed suitable heifers, first review the cow EBI report and subindex figures and focus on the areas that need improvement before selecting bulls.

The **Milk Kg PTA** figure is the milk volume part of the milk sub index. Using a team of bulls with a higher milk kgs figure than the herd average will increase milk volume output and vice versa. The farm feeding system must be considered when choosing for higher or lower milk kgs PTA as under and overfeeding can result in significant economic, fertility and health consequences for the herd.

**% Fat and Protein PTA** – Both these traits are highly heritable and rapid genetic progress is possible. The milk payment structure in Ireland rewards farmers for producing milk with high percentages. Select bulls to maximise gain here while satisfying other requirements.

The **Milk Subindex** is positively associated with milk solids production. The higher the index the more production achieved once the herd is fully fed.

**Fertility subindex** – Herd fertility drives profitability in a seasonal system. Attaining a high 6 week calving rate, a low empty rate and optimum days milking at grass requires fertile cows. The fertility sub index should be high enough to allow the herd to meet its fertility targets. Aim for the fertility subindex to be at least equal to the milk subindex.

**Carbon Subindex** – 2022 saw the introduction of the carbon subindex. A high fertility subindex (increased survival and decreased calving interval) and a high maintenance subindex (lighter cows) are positively correlated with the carbon subindex.

Calving subindex – Cows with a high calving subindex have a shorter gestation length and minimal calving difficulty.

The maintenance figure guides the mature liveweight of the cow. Using a team of bulls with a higher maintenance figure than the herd average will REDUCE cow size and vice versa. The liveweight of the mature cow influences her nutrition requirement, her walking ability, her survivability, her calf's beef potential, and her impact on ground conditions. The two figures that most dictate the TYPE of cow are the Maintenance subindex and Milk Kgs PTA.

Management subindex -Cows with a positive management subindex have good temperament and milk out speed.

**Health subindex** – Cows with a positive health subindex are less likely to suffer from mastitis and lameness, critical for cow survivability and reduced antibiotic use.

### FERTILITY GOALS

1

Achieve a high 6-week calving rate –For a compact spring calving herd the target is 90%. To hit this target, 70% of the current milking herd need to calve in the first 6 weeks.

2

Achieve a low empty rate – for a 12-week breeding season, the target is less than 10% empty cows. Achieving this target will allow some voluntary culling even with a low replacement rate of 18-20%. (With less empty cows in the herd, more choice exists to cull problem cows.)

3

Aim to calve 95% of your maiden heifers in the first 4 weeks.



### **RESPONSIBLE BREEDING – USE A TEAM OF BULLS**

It is advisable to use a team of bulls evenly across the herd. There are two reasons for this

- 1. Genetics If a bull is overused and his genetic value falls, you may end up with too many heifers from a bull that no longer fulfils your criteria.
- 2. Fertility The field fertility of a bull refers to his ability to get cows in calf. Any bulls' field fertility can drop from time to time despite rigorous lab tests.

Using a sufficient size team evenly will mitigate against both of these risks.

Example – In a 100 cow herd use at least 5 unrelated bulls with no bull used on more than 20% of the cows.

G1 bulls are young test bulls in their first season. They do not have known field fertility and their calving difficulty has low reliability. They are available in packs through Gene Ireland and in limited quantities through Munster Bovine. This is to ensure that the risk to genetic evaluation and field fertility for individual bulls is mitigated.

#### PRE-BREEDING



#### **HERD HEALTH**

- Complete Lepto, BVD and IBR vaccinations for cows and heifers.
- b. Monitor Bulk Milk Herd Health results to ensure winter dosing programme was effective.
- c. Treat all lame cows

#### NUTRITION

- a. BCS cows and ensure fully fed
- b. Put cows < 2.75 on once a day milking (OAD) or feed extra.
- c. Consider putting cows calving after 1st April that you wish to retain for next year on once a day milking (OAD).
- Weigh Heifers, put them to grass a minimum of 4 weeks pre breeding – supplementary feeding to those under target.

#### VETERINARY

- a. 1 month before Mating Start Date– Check all cows > 28 days calved for infections
- b. Scan any problem cows (cows that had any issues around calving)
- c. Treat any cows with discharges and uterine infection.

#### PREBREEDING HEAT DETECTION

- Heat detection aids applied to cows 3
   -4 weeks before Mating Start Date. Top up tail paint weekly.
- Record all heats and identify nonbullers.

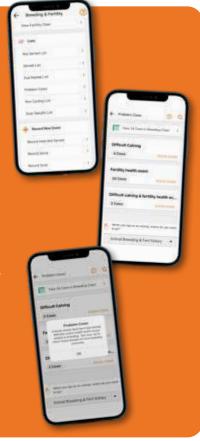
## THE WEEK BEFORE MATING START DATE

- a. Cows not detected in heat calved 35 days and additional problem cows examined by your Vet
- Treat any cows with uterine infections and consider synchronising cows calved 35 days not seen in heat. See FarmOps breeding module Metric 4.

## FARMOPS PROBLEM COWS

PROBLEM COW LIST IN FARMOPS

The problem cow list in FarmOps is generated from cows that you have recorded as having a difficult calving at calf registration or a health event that may affect their fertility e.g., retained afterbirth, milk fever, mastitis, uterine infection, LDA, ketosis etc. This list allows cows that need veterinary examination to be easily identified for drafting.

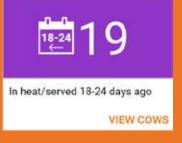


# FARMOPS BREEDING METRIC 2 – DUE FOR REPEAT

This is a list of cows/ heifers that have had a prebreeding heat recorded or a serve recorded 18-24 days ago. These are the animals to watch carefully in case they repeat.

# FARMOPS BREEDING METRIC 4 – NOT SERVED

This is an action list of cows that are now calved long enough to be eligible for breeding. These are the cows that may need veterinary intervention during the breeding season to ensure they come bulling and are bred early.





### **BREEDING MANAGEMENT PLAN**

Date	Action
	Begin Pre-breeding Check, heat detect for full cycle 24 days. Find the non-bullers > 35
	days calved.
	Apply tail paint one colour to all cows intended for breeding regardless of when calved.
3-4 weeks before Mating Start Date	Check cows Body Condition - thin cows on OAD milking now, treat lame cows, check nutrition .
	Treat/examine problem cows that had issues around calving - Refer to problem cow list in FarmOps.
	Check Bodyweights of heifers now.
	Make sure all vaccines are up to date.
	Make sure all stock bulls are sound; not lame and have a bull soundness certificate.
	Vet Exam and treat all non-bullers that are > 35 days calved to get them bulling in the
	first round.
1 week before Mating Start	Check cows now recently calved that have had problems.
Date	Begin heifer synchronisation programme depending on expected start of calving for heifers.
	Identify late calvers (Calved after March 17th) See Pg 7.
	Mating Start Date.
Marina Charle Data	Tail Paint and top up twice weekly - change colour on cows served.
Mating Start Date	Target to serve 1/3 of eligible cows each week from Mating Start Date - if not on target
	review Heat Detection. See FarmOps Metric 1 - Heats expected.
	Vet exam cows calved greater than 35 days and not calved. Refer to FarmOps Metric 4.
	Check cows calved greater than 21 days and less than 35 days for uterine infection.
3 weeks breeding completed	Level of mounting activity is decreasing. Increase heat detection intensity.
5 weeks breeding completed	Vet exam any heifers that are not bulled yet.
	Check due repeat dates to improve heat detection acccuracy.
	Refer to FarmOps Metric 2.
	Vet exam any cow calved greater than 35 days and not bulled.
	Vet exam cows calved greater than 21 days and less than 35 days for uterine infection.
	Vet exam Late calvers. Consider synchronising.
6 weeks breeding completed	Level of mounting activity is decreasing. Maybe time for Bulls to go in.(1 mature bull to 20 potentially empty cows). Refer to Pg 13 on Stock bull management.
	If using bulls now - keep AI ing for 10-14 days after bull/bulls being introduced.
	Early Pregnancy Scan now on cows that have not returned and are greater than 28 days served.
	Vet exam any cow calved greater than 35 days and not bulled.
9 weeks breeding completed	Vet exam cows calved greater than 21 days and less than 35 days for uterine infection.
	Early Pregnancy Scan now on cows that have not returned and are greater than 28 days served.
	Make sure you have enough bull power – 1 mature stock bull to 20 potentially empty cows.
	End broading cores
12 weeks breeding completed	End breeding season.  Cows not bred, not calved long enough - avoid recycling these cows.
	Cows not brea, not carved long enough - avoid recycling these cows.
End August	Preg check all SPRING cows (Scan or Milk test).

### **NUTRITION AND BODY CONDITION – KEY TO SUCCESS.**

## **NUTRITIONAL GOAL**

1

Have cows calving at BCS of 3.0 to 3.25

2

Limit the loss of BCS from calving to breeding to a maximum of 0.5 of a BCS. 3

Have cows on a BCS of 2.75 or greater at breeding 4

Have cows fully fed approaching and during the breeding season

Achieving these nutritional goals will ensure submission rate and conception rate will be maximised during breeding leading to a high pregnancy rate.

### MATCHING ENERGY INTAKE TO OUTPUT

Table 1 below shows the concentrate required depending on grass intake (kgs of dry matter per day) and output (milk litres per day). The mistake most commonly made is an overestimation of the grass intake. If you overestimate grass intake, cows will not be fully fed and will lose BCS. The most vulnerable cows are the 1st calvers and the high yielders. Are you losing too many 1st calvers and mature cows each year?

## Concentrate level (Kg) required to supply 100% of required energy at varying yields and at grass full time

		Milk Yield Litres/day					
Grass Intake Kg/Day	18	20	22	24	26	28	30
12	1.9	2.8	3.8	5.0	6.0	7.0	8.0
13	0.8	1.7	2.7	3.6	4.9	5.9	6.9
14		0.6	1.5	2.5	3.4	4.8	5.8
15			0.4	1.4	2.3	3.7	4.7
16				0.3	1.2	2.2	3.1
17					0.1	1.1	2.0
18							0.9



Monitor: Carefully watch the volume of milk and % protein delivered as both are excellent indicators of energy. Ensure neither drops 3 weeks prebreeding and during the breeding season.

During inclement weather intakes will be reduced and cows need extra supplementation.

#### NUTRITION ANALYSER IN FARMOPS

The nutrition analyser in FarmOps will divide your herd into 5 groups depending on their production and calculates the concentrates required for each group depending on grass and silage intakes. This is done after each milk recording making the information captured from the spring and early summer recording extremely valuable to ensure nutrition is optimised for breeding.



### LATE CALVERS AND COWS WITH PROBLEMS

The goal is to retain as many of these cows as possible and avoid the costs associated with replacing them . First lactation animals will produce 20% less than a mature cow. Therefore having a higher replacement rate will impact herd maturity and overall production.

#### **IDENTIFY THIS GROUP OF COWS**

- 1. Late calvers Cows that calved after 17th March
- 2. Underconditioned Cows BCS less than 2.75 at Mating Start Date or 3 weeks prior
- 3. Problems at calving difficult calving, retained afterbirths, milk fever, ketosis, LDA etc
- 4. Problems since calving Mastitis, lameness etc

Refer to the Problem Cow list in FarmOps.







#### 1. Nutrition & BCS- OAD and/or Extra feeding

Cows do not reach their peak intakes of grass until they are calved 6 -8weeks. Therefore, late calving cows will be consuming between 10 and 12Kgs of grass DM in early lactation as opposed to 16-18Kgs for the February calving cows.

Late calvers need an extra 3-5Kgs of concentrates per day more than the early calving cows for the 1st 6 weeks of lactation. Putting these cows on once a day milking and feeding them twice a day will reduce their production and energy demand while their intakes catch up. This will allow them to commence cycling earlier.

### 2. Vet exam, Scan, Metricheck & Treat if required-Need to Gain Time

Once these late cows and any other problem cows are more than 28 days calved, have them examined by your Vet. Metricheck them or scan them to ensure no endometritis present. Treat any 'dirty' cows as prescribed by your vet. A cow calved in early February has had over 80 days and possibly 2-3 cycles to repair and cleanse her uterus - in late calvers we are continually working against the clock.

## 5 POINT PLAN FOR LATE CALVERS AND COWS WITH PROBLEMS:

- 1. Nutrition OAD Milking and / or extra feed.
- 2. Metricheck cows calved 28 days.
- 3. Synchronisation
- 4. Heat detection aids for repeats plus short gestation bulls.
- 5. Early scan

#### 3. Synchronisation Programme for Fixed Timed AI

Once these cows are clean and calved 35 days synchronise them for fixed time AI to guarantee they are served as soon as possible. The programme for cows with fixed timed AI is superb as it ensures that these cows are cycling and bred within 10 days.

This will give the best chance to pull back next year's calving date for these cows.

See synchronisation programme for cows on back page.

#### 4. Apply heat detection aids and watch for repeats

The advantage of the 10-day synchronization programme is that cows are bred quickly, and the repeats are due together which makes heat detection easier. Inseminate these cows with easy calving short gestation dairy beef bulls. These bulls will gain you an extra 7-10 days next year..

#### 5. Early Scan for Pregnancy & Resynchronise if empty.

Scan these cows once 30 days have passed since insemination and the cow has not repeated. These late calvers are repeating at a time when activity is decreased, and it can be more difficult to detect them. If the cow scans empty resynchronise her if there is time and it's worth breeding her and she will be bred again in 10 days.

### **HEAT DETECTION**

Achieving excellent AI results during the breeding season is dependant on excellent heat detection

### THE METRICS OF HEAT DETECTION

1

#### **EFFICIENCY**

Missing too many heats leads to poor efficiency. This can lead to poor submission rate to 1st service or 3 week repeats being missed and rolling onto 6 weeks.

2

#### **ACCURACY**

Presenting cows for AI that are not actually in heat will lead to a reduced conception rate.

The key to efficient and accurate heat detection is to identify when a cow is or has been in standing heat. Heat detection aids like tail paint, scratch cards or crayons are extremely useful tools, however they are dependent on the cow or heifer in standing heat being mounted enough times to rub them off.

Table 2

	100 CC	OWHERD	200 CC	OWHERD
Weeks Breeding	Cows in heat per day	n heat per day Mounts per Cow per Day		Mounts per Cow per Day
1 <sup>st</sup> 3 weeks	5	50	10	50+
2 <sup>nd</sup> 3 weeks	3	27	5	50
3 <sup>rd</sup> 3 weeks	1 to 2	11	3	27
4 <sup>th</sup> 3 weeks	1	10	1 to 2	11

Table 2 illustrates how many mounts a cow will receive depending on how many cows are in heat that day. It is quite clear that as the number of animals in heat decreases so does mounting activity, therefore as the breeding season progresses and less cows are in heat per day, heat detection becomes more difficult. How quickly this happens depends on herd size.

# FARMOPS BREEDING METRICS BREEDING METRIC 1

#### - HEATS EXPECTED PER DAY

FarmOps uses all available information to calculate how many heats are expected each day during the breeding season for both cows and heifers. If you are below target you may be missing heats or there is a problem with cows not cycling. If you are above target you may be drafting cows that are not actually in heat.

#### **BREEDING METRIC 3 - VALID SERVES**

A valid serve is a serve where the cow is likely to be truly in heat and therefore has a better chance of conceiving. For example, if a cow is served on day 1, day 10 and day 21 – day 10 is invalid as a cow cycles every 18-24 days. FarmOps generates a target for valid serves and counts your valid and invalid serves as the season progresses. From the number of valid serves, the true heat detection accuracy can be determined.

Poor heat detection efficiency will mean you will be behind target for valid serves. Poor heat detection accuracy will mean you will have excessive invalid serves.



### **TAIL PAINT**



Tail paint is a easy cost effective method of heat detection in cows. It works well when there are 3 or more cows on heat per day as there is sufficient activity to rub it off. In a 100 cow herd it is effective for 6 weeks if the herd is already calving compactly, otherwise use it for the 1st 3 weeks and then switch to scratch cards, in a 200-cow herd it can be effective for 9 weeks if calving compactly. It does not work as well in heifers as they are not heavy enough to rub it off each other's rumps.

Clip the hair off the rump prior to the application of tail paint. This allows the paint to be more easily removed at mounting and it reduces the layers of paint building up as the season progresses making it difficult to interpret. Apply paint on a dry day and to dry skin.

### TAIL PAINT GUIDELINES:

Clip rumps prior to applying paint. Paint will come off easier and

layering will be

minimized



2

These cows have not coated yet and the hair will hold the paint leading to layering later on



3

These cows have been clipped and the paint will be removed easier. Leading to less layering of paint later on. 9 x 1 inch strip of paint is ideal



4

Paint well cleaned off after being on heat



### **TOP TIPS**

Top up twice a week and more often in wet weather.

As the season progresses every 3 weeks heat activity is halved therefore the intensity of heat detection needs to be increased.

On the day of insemination put a band of tail paint on the cows back or shoulder that will not be rubbed off by mounting. This will indicate the cows that have been served and will avoid drafting them the following morning for insemination. Excessive one day repeats will impact on conception rates.

As the season moves on if there is a lot of layers of paint building up - change the colour completely. If you were using blue all alongignore the blue paint now as it will not come off cleanly. Paint with a different colour for example yellow and if the yellow is rubbed off the cow is in heat even though the blue is still present.

### **SCRATCH CARDS**

























Scratch cards are an excellent method of heat detection in both cows and heifers when cattle are outdoors and rumps clean. They are also extremely useful when the number of animals coming into heat is reduced - as the season progresses. The scratch cards shown here in the picture 'Estrus Detect' are superior to the previous self-adhesive cards, as they stay much better and are not scratched as easily and are easier to read.

- Apply scratch cards to dry hair on a dry day otherwise the glue will not adhere. Watch the forecast. Wear gloves to avoid glue on hands.
- 2. Do not clip, glue needs hair for adherence, just comb or brush, to remove loose hair and dirt. Loose hair is shed easily in the spring and will take the scratch card with it when shed.
- Layout the number of cards corresponding to the number of heifers in the crush in a clean dry non- windy and dust free area and spray with glue. Dust sticking to the card reduces the adhesiveness of the glue. Ensure to cover the entire card to the edges of the cards.
- 4. Spray cleaned brushed rump area in an east to west direction where the card is to be applied, across the back bone.
- 5. Patience required now until the first card gets tacky. Wait .... When tacky it will stick to your glove and not fall to the ground.
- 6. Apply the card to the sprayed area- East to West.
- 7. Secure in place by applying gentle pressure especially at the edges.
- 7a. Card properly applied.
- 8. Heifer in heat, grey rubbed off and red exposed. Can also get green and yellow cards.
- 9. Lot of mounting, grey and red rubbed off, white exposed and edges curled from mounting.
- 10. In narrow heifers the complete card may not be rubbed red, just the entire centre area. As the mounting heifers body did not touch the edges of the card.
- 11. Get heifers into the yard each day and check scratch cards.
- 12. As heifers are being A I'd, cut the hair off the tails. Long tails are those yet to be inseminated.

### TOP TIPS

Watch the forecast for a perfectly dry day to apply the cards.

Patience - Wait till the 1st card is tacky before application - It will stick to your glove.

Reapply the cards the day after being inseminated. Can reapply the card over the existing card if it is well adhered. On the day of insemination put a band of tail paint or a crayon mark on the cows or heifers back that will not be rubbed off by mounting. This will indicate the animals that have been served and will avoid drafting them the following morning for insemination. One day repeats may reduce conception rates.

Paint sticks or Crayons work on the same principle as tail paint and are very convenient to use.

However, they rub off easier than tail paint following mounting, this makes them extremely useful for maiden heifers. They work well when cattle are indoors also. They are also very convenient and clean to apply.





- 1. Paint sticks or Crayons are available in the four colours pictured. They come in boxes of 12.
- 2. Just comb or brush the rump area, to remove loose hair and dirt. It is not necessary to clip the hair; this is clearly an advantage if you wish to use them in conjunction with scratch cards.
- 3. A skin can form over the tip of the paint sticks when they dry. Rub the paint stick on a concrete surface to remove it.
- 4. Apply the crayons as you would apply tail paint, 9" narrow strip. In heifers come further down the tail head with the paint stick than you would with cows, as heifers do not go as forward on the rump on the standing animal with their brisket as cows do.
- 5. If you are finding heifers difficult to heat detect apply both scratch cards and crayons to the heifers. Put on the scratch card first and then apply the paint stick.

### TIME OF INSEMINATION TO MAXIMISE PERFORMANCE

- Timing for conventional semen Cows can be inseminated with conventional semen anytime from the start of standing heat up to 12 hours after the end of standing heat.
- **Timing for sexed semen** Cows can be inseminated with sexed semen from 14-20 hours after the start of standing heat.
- Example: If your technician is calling at 11 o clock. All cows that have been seen in heat in the last 24 hours are eligible for conventional semen. Sexed semen can be used on suitable cows (see cow selection on page 14) that have started standing heat between 1 and 7 o clock the previous evening.



- **✓** INSEMINATION IS A JOB REQUIRING PRECISION TO MAXIMISE CONCEPTION RATE.
- ✓ ENSURE ADEQUATE FACILITIES ARE AVAILABLE AND HELP THE TECHNICIAN ESPECIALLY WHERE MORE THAN THREE COWS ARE TO BE INSEMINATED.

AVOID USING SEXED SEMEN ON COWS FRESHLY IN HEAT.

### **VASECTOMISED BULL**



Vasectomised bulls fitted with chin balls are an excellent method of heat detection for both heifers and cows. The chin ball is as important as the bull as heats will be missed due to the bull mating the cow and not remaining with her. This happens especially in mature bulls as they mate and walk away, they do less courting than young bulls. Ensure the bull is vasectomised - your vet can check his ejaculates to ensure they are free of semen.

- 1. A well grown vasectomized bull is invaluable for the breeding season. This reduces the likelihood of injury and he will work for you 24/7.
- 2. The chin ball shown is the preferred one. Pad the neck and nose strap with 4" Elastoplast or vet wrap, or a section of a worn yellow volume washer hose works well. This prevents the strap cutting the bull. Ring the bull for convenience when refilling the chin ball.
- 3. Ensure the chinball is snugly fitted to the bull. It is leather so will need adjusting. Initially, fit the chinball for 1 week without paint to familiarise the bull with it.
- 4. Only use chinball paint in the chinball, it is a heavy oil base and needs to be well shaken before topping up. Red or blue paint is best in wet weather and yellow or green is best in dry weather.
- 5. Putting the drum of chinball paint into a bucket of warm water makes it easier to mix. Avoid overfilling the chinball and ensure to secure the plug correctly. One fill should suffice for 10-15 heats.
- 6. The bull marks the cow on the back when he is serving them. Position yourself to see the marks on the back of the cows.
- 7. A young bull will mark cows a lot on the side when he is courting her, older bulls much less. It is the marks on the top of the back that are key.

### TOP TIPS

Reduce injuries by training a young bull with maiden heifers first. Secondly avoid overworking a bull, he is not required until heats are 2 or less per day.

Remove the vasectomised bull when a synchronised group are due in heatreduces the risk of him getting injured and ensures we have him when required. Young bulls may be courting cows 24 hours before they are in standing heat - It is the marks on top of the back that are key not the ones on the side. The marks on the side alerts you to the fact that a cow may be coming on heat 'courting marks'- Take care with courting marks on the side and no marks on top of the back as you may be inseminating cows 24 hours prior to standing heat.

Keep the chin ball topped up.



**HEALTH & SAFETY** 

Beware of the bull

Exercise caution when dealing with all bulls including those vasectomised.

### STOCK BULL MANAGEMENT

#### **Bull Power**

Adequate bull power is required for compact calving. One young bull to 10 empty females and one mature bull to 20-30 empty females. Every 3 weeks of AI reduces the bull power required by half.

Maximise bull power where two or more sires are available by rotating bulls 24 hours on and 24 hours off to allow sufficient time for resting and feeding.

#### Purchase in Advance

Purchase bulls up to two months in advance of when they are required to allow for acclimatization, disease testing and vaccination. Vaccinate and dose bulls with whatever the herd is being vaccinated and dosed for.

#### 5. Footbathe Bull on Arrival

Footbathe all bulls on arrival to avoid the introduction of Mortellaro. Pair him with another animal of similar or smaller size for company initially. The bull will be more relaxed and easier to handle.

#### Lame and Injured Bulls

Lame and injured bulls need to be rested and treated, some may not recover for the season. If the bull has a high temperature for a period of time or goes lame retest his fertility before he resumes mating as depending on the insult it can take him a full 6-12 weeks to recover.

Easy calving is crucial for maiden heifers and dairy cows calving later in the season with a high BCS. When selecting Al sires for maiden heifers the calving difficulty needs to be categorized as low risk and ideally be <5.0% with a high reliability >90% for dairy heifers.

Stock bulls have a lower reliability figure and therefore carry more risk.

#### **Nutritional & Relocation Stress**

Young bulls need extra energy as they are still growing. They expend more energy than older bulls as they do more courting. Bulls that rapidly lose weight (greater than 50Kg) over a short period go subfertile. Young bulls need to be fed in their first season. If a young bull loses more than 50Kgs in weight or has reduced libido get him fertility tested to ensure he has not gone infertile since his last fertility test.

**Calving Difficulty** 

#### Fertility Tested and Mating

Get your bull fertility tested by your vet.

Train him in a small paddock or a well bedded pen by introducing a small female fully on standing heat. Repeat this exercise until he can mate confidently. Ensure a young bull can mate prior to leaving him run with females otherwise you may lose 3 weeks.



#### **Monitor**

Bulls need to be monitored throughout the season, either with a chinball on him or scratch cards and tail paint on the females.

Monitor repeats from synchronisation and it may be prudent to AI for the 4-5 days that they are occurring. Watch for low conception rates whereby an increased number of repeats are presented to the bull.

Avoid the 'Lull' in calving after insemination finishes.

Inseminate for the 1st 10 to 14 days of the bull being released and each day where there are 2 or more cows on heat per bull.

Bulls need time to settle into a routine.



### Number of Bulls Required to achieve a high Pregnancy Rate Depending on Herd Size and Length of AI Period

	120 cows	250 cows
3 weeks AI 90% submission rate. Number of empty cows	61 empty cows	126 empty cows
Number of bulls required with 3 weeks AI	3 Mature bulls	6 Mature Bulls
6 weeks AI 90% submission rate. Number of empty cows	31 empty cows	64 empty cows
Number of bulls required with 6 weeks AI	2 Mature or 1 Young & 1 Mature Bull	3 Mature Bulls or 2 Mature & 1 Young bull

#### **FARMOPS**

During the breeding season, FarmOps is calculating the number of potentially empty cows or heifers in the herd. From this calculation it displays the number of mature stock bulls you require to service these cows and ensure none are missed. Keep AI ing until this number matches the number of bulls available for breeding.

## **SEXED SEMEN**



#### **NEW SEXED SEMEN LAB**

Munster Bovine, together with our partners NCBC and Progressive Genetics, have opened a new sexed semen lab in Nass. Sexing technologies (ST) is the company we have chosen to operate the facility. ST also operate the sexed semen lab in Moorepark. The name of the product is Sexed Ultra Plus.

#### PRIORITISING FERTILITY

Sexed Ultra Plus straws can contain 2,3 or 4 million cells per straw. Because herd fertility is so important to the herdowner and to Munster Bovine, we have decided that all sexed domestic Munster Bovine bulls will be 4M. Also, as a company we do not sex G1 bulls. G1 bulls are young test bulls that do not have known field fertility (conception rate).

All our staff that handle semen are fully trained and realise the importance of correct semen handling. This is even more important for sexed semen straws.



### Guidelines for successful use

Sexed semen allows you to select your best performing, highest genetic merit cows and heifers to breed replacement heifer calves. Also, using sexed semen increases the number of high value beef calves produced in the herd.

Sexed semen straws are on average 90% purity. This means that for every 10 calves born on average 9 will be female. Sexed semen straws have a lower number of sperm than conventional semen straws. Sexed semen is a vulnerable product: it has undergone a sorting process in a laboratory. The process also leads to a very uniform dose of sperm cells – they are at a similar stage of development. This means that they will travel to the fertilisation site together which decreases the window for fertilisation and therefor timing of AI must be much more precise. Sexed semen trials in Ireland have demonstrated a relative conception rate of 80% - if achieving 60% conception in cows with conventional, on average 48% will be achieved with sexed semen. While successful use of sexed semen is a challenge, excellent performance can be achieved by following some simple rules.

### Stacking the odds in your favour

### **HEIFER SELECTION**

- Your heifers will have higher conception rates than your cows making them better candidates for sexed semen.
- You will be breeding more replacements from your highest genetic merit stock.
- Heifer calves will also be easier calved further reducing calving difficulty for your maidens.
- Cycling regularly Avoid its use on heifers on their 1st or 2nd cycle.
- ► Heifers need to be above their target weight and in good body condition.
- Nutrition maximise intakes during breeding and for the following month.

#### **COW SELECTION**

- Cows need to be at least 60 days calved at AI and should be clean and cycling regularly beforehand.
- ➤ Younger cows have higher conception (1st to 4th calvers) Careful with some 1st calvers if BCS is low and they have not coated off yet.
- ▶ Body condition is critical 3.0 or greater is ideal.
- Cows with no issues at calving or since calving difficult calving, milk fever, retained afterbirth, uterine infection, ketosis, lameness, mastitis etc
- Energy balance is crucial watch the bulk tank for any drop in % protein & volume. Ensure cows are fully fed particularly during periods of bad weather.

#### ONLY USE SEXED SEMEN EARLY IN THE BREEDING SEASON

Use sexed semen early in the breeding season, within the first three weeks and preferably for the first 10 days. Consider starting the breeding season a week earlier to accommodate any repeats early in the mating season and maintain a high six week calving rate.

#### **USE AN ADEOUATE SIZE TEAM OF BULLS**

Field fertility can vary between bulls following the sexing process and it is advisable to use a team of sexed bulls.

#### **HEAT DETECTION AND TIMING OF AI**

- The window for fertilisation by sexed semen is narrow compared to conventional. The recommendation for sexed semen is that animals should be inseminated 10-20 hours after the start of standing heat. The recommendation for conventional semen is that animals should be inseminated any time during standing heat and up to 12 hours after the end of standing heat.
- ▶ If your technician is coming before lunch cows need to be in standing heat the previous evening after milking.
- Accurate heat detection is critical to achieving best results and good heat detection aids (tail paint, scratch cards) are essential to aid this process. Use two methods in heifers scratch cards and crayons.
- Always use conventional semen if unsure of the heat.
- Synchronisation and sexed Modern synchronisation programmes that end in fixed time AI have an important role to play as they synchronise ovulation to the time of insemination (no need for heat detection). It also allows a group of heifers or cows to be inseminated early in the season, increasing the submission rate. Repeats will have more opportunities to go in calf.

### **FLEXIBILITY REQUIRED TO MAINTAIN FERTILITY OF THE HERD:**

If you are unsure of a heat or timing – switch to conventional.

Synchronisation – If your experienced AI Technician informs you that the animals do not feel right, something may have gone wrong with the programme - switch to conventional.

Spray mark those heifers and cows that have lost their CIDR/PRID prior to removal during the synchronisation protocol and use conventional semen on these animals.

If the cows or heifers are under nutritional pressure, as indicated by low bulk tank proteins and volumes or loss in BCS, or during periods of bad weather, consider switching to conventional.

**SEXED SEMEN HANDLING** - Munster Bovine technicians are trained in sexed semen handling.

### **GUIDANCE FOR DIY CUSTOMERS**



Ensure straws are thawed in a clean descaled temperature regulated electronic flask filled with cooled boiled water that is changed daily.



Straws need to be thawed immediately at 35 to 37°C for a minimum of 45 seconds. Use a thermometer to check that the electronic flask is working properly.



Only thaw a max of 2 straws at the time. Complete inseminations within 5 minutes of loading the gun. Keep guns warm when loading and until the cow is inseminated.

#### TIMING OF AI CONVENTIONAL VS SEXED

**Sexed -** 14 - 20 hours after start

Conventional Semen - start of standing heat up to 12 hours after the end.

Start of standing heat

20 hours

Ovulation
Ovulation
av. 28hrs after start of standing heat

### **GOALS FOR MAIDEN HEIFERS**

1

Aim to calve all the maiden heifers in the first 4 weeks, this gives them the best opportunity to achieve 5.5 lactations.

2

Easy calving critical for future production. Inseminate with an easy calving sire of high reliability. 3

Maximize the number of replacements from the maiden heifers as they are the highest genetic merit animals and it will allow you to maximize the overall calf value of the herd by using more beef sires on the mature cows. 4

Consider the maidens for sexed semen to rapidly improve the herd genetic merit.

#### PRE-BREEDING

- 1. Ideally have the maiden heifers at grass 3-4 weeks pre breeding. This will ensure that they are on a stable diet at breeding and are gaining weight. Heifers can gain 1Kg/day at grass.
- 2. At breeding heifers need to be at 60% of their mature body weight. Heifers that are behind target need supplementary feeding. See table 3 for target weight by maintenance.
- 3. Ensure all vaccinations are received 3-4 weeks pre breeding.
- 4. In the last week pre breeding familiarize the heifers with the yard and crush by bringing them in daily and for encouragement feed them 1Kg per day of feed.
- 5. Watch the weather forecast for applying scratch cards as the heifers need to be bone dry.
- 6. Introduce the vasectomised bull to them and fit him with a chin ball, if he is a first season bull fit him with a chin ball without any paint in it for a week. It will be lighter on his head and he will be less likely to damage it.

Maintenance Index €	Mature weight kg	Target weight at breeding kg
-5	665	399
0	641	384
5	616	370
10	592	355
15	568	341
20	544	326
25	520	312
30	496	297

### **BREEDING**

- Ensure heifers are on a rising plane of nutrition and are gaining weight. Avoid any reduction in intakes at this time, avoid keeping them in a bare paddock as it near the crush or housing them on silage. This will reduce heat activity and conception rates.
- 2. **HEIFERS UNDER TARGET WEIGHT by less than 15%** Breed these heifers in the 1st 3 weeks of the breeding season avoid delaying them by 3 weeks, as delaying by 3 weeks will result in March & April calvers and an early exit from the herd.

When grass quality begins to decrease in July start feeding these heifers to ensure that at housing, they are at target weight. Avoid delaying the supplementation of these heifers



### **HEAT DETECTION**

- Avoid tail paint in heifers as they are too light to rub it off
- Ideally use two methods of heat detection as they can be difficult to pick up.
- Crayons work well if heifers are indoors
- Scratch cards are excellent outdoors.
- Scratch cards and crayons together are excellent.
- A vasectomised bull fitted with a chin ball combined with either scratch or crayons is best.

### **SCANNING**

This is an extremely worthwhile exercise in heifers. Scan the heifers 30 days after the majority have been served and place scratch cards on the empty heifers and watch them carefully for repeats.

#### RECORDING A SCAN IN FARMOPS

FarmOps facilitates easy and accurate recording of pregnancy results. If the serves are recorded, the days in calf will be displayed which will increase the accuracy of your scanning results.

### **SYNCHRONISATION FOR MAIDEN HEIFERS**

The use of synchronisation makes calving your heifers in the first month a possibility. Where heifers are away from the main farm or if help is scarce, it can facility the use of AI where otherwise stock bull may be used. There are various options available depending on facilities, labour and proficiency of heat detection.

#### **OPTION 1 – PG INJECTION ON DAY 7**

HEAT DETECTION FOR 12 DAYS - ALL BRED ONCE				
Day 0 - Day 7 Al on observed heat - should have 1/3 detected at end of week.				
Day 7	PG to heifers not detected in heat. Only inject if 1/3 bred- otherwise investigate			
Day 7-12 Al on detected heat. Majority on 48-72 hours post PG injection				

- This is a cost-effective synchronisation regime that can achieve high conception rates.
- There is a requirement for heat detection for 12 days.
- Inform your technician before injecting PG on day 7 to ensure he has capacity on day 9 and day 10 as the majority will be in heat these days.
- Also ensure you are fully available on these days for heat detection and drafting.
- The injection can be delayed by a day or 2 if necessary.
- If 1/3 of heifers are not bred in the first week investigate. They may not be observed in heat because: they are not cycling under weight or intakes have reduced, they are pregnant, or heat detection is not working.
- Remove the vasectomised bull if 3 or more heifers are expected per day to avoid injury. Apply scratch cards and/or crayons if not already being used with the vasectomised bull.
- If releasing the bull on day 13, ensure he is not overworked 18-24 days after the majority of heifers were bred following the PG injection. Heat detect and AI if more than 2 heifers are on. Alternatively remove the bull and heat detect for those 4-6 days

## OPTION 2 – FIXED TIME AI PROGRAMME - CONVENTIONAL SEMEN

See back page for FTAI protocol - Sexed semen

4 HANDLINGS - ALL ANIMALS BRED				
Day 0	Insert P4 Device & Inject GnRH			
Day 5	Inject PG			
Day 6	Inject PG and remove P4 Device			
Day 8	Fixed time AI 48 hrs after P4 Device removal and inject GnRH.			

- This is an 8-day programme involving 4 visits to the crush and ending with fixed time AI of all heifers with no requirement for heat detection.
- This programme eliminates heat detection turning reactive work into planned work with all heifers being bred on a given day with excellent results possible to achieve.
- It will not overcome poor management and all heifers need to be above target weight, cycling and on a suitable plain of nutrition.
- Careful planning is required to ensure your technician or technicians are available at the required time and the required semen is in the tank.
- Liaise early with your veterinary practice to ensure availability of personnel and drugs to start the programme.
- Facilities and help are crucial. If possible, divide heifers by sire they are receiving and help the technician as an efficient stress-free routine will maximise results.
- All repeats will occur between 18-24 days. If 2 or more repeats are expected per stock bull per day, the best advice is to remove the bulls on day 16 or 17 and apply heat detection aid. Heat detect and Al for the 7 days.
- If bull power is adequate, monitor heats per day and AI if too many come on a given day.

#### Table of Hormones required, route of application and example products:

	Hormone	Route	Example
P4 Device	Progesterone releasing device	Intra uterine	PRID, CIDR
GnRH	Gonadotrophin releasing hormone	Intramuscular	Receptal, Overelin, Acegon, Busol
PG	Prostaglandin	Intramuscular	Estrumate, Lutalyse, Enzaprost

Products containing the above hormones are prescription only medicines and must be prescribed by your veterinary surgeon.

- The PRID or CIDR need to be inserted hygienically. Failure to do this will lead to excessive vaginal discharge and reduced conception rates.
- It is advisable to shorten the strings of the PRID/ CIDR particularly in heifers, as a rogue heifer may pull out several devices.
- If a heifer has already lost a device at removal, mark her and ensure she gets conventional semen and not sexed semen.
- Always contact your technician/breeding advisor prior to starting any programme to ensure availability of technician(s) on the day for fixed time AI.

### **SAFETY FOCUS –**

### Protect the AI technician, the animal and yourself.

It is the responsibility of all herdowners to make every effort to ensure that anyone working with animals on their farm leaves injury free, having successfully completed their job in a safe and stress-free manner. Our team of 160 AI technicians work long hours under time pressure during the peak mating season. They are at risk of serious injury from kicks and crushing when working in a vulnerable position behind the cow or heifer.

### Prevent animals causing injury

- Known dangerous animals should always be marked for culling and never presented for insemination.
- Bulling animals are a danger to themselves and the people around them keep all children and inexperienced animal handlers out of harm's way.
- Never isolate bulling animals leave them in pairs or small groups for company.





Protect
your AI
technician,
yourself,
and the
animals

Example – self-locking head gate

Example – Vet gate

### Safe facilities to avoid injury

- Stop cows backing on the AI technician Restrain cows with a functional head gate or backing bar.
- Prevent cows crushing the AI technician always use a properly closing back gate or a vet gate at the front of the crush.
- The crush must be strong enough and the floor clean to prevent cows falling and slipping.
- In slippy collecting yards and crushes, a scatter of sand on the concrete will provide immediate grip. Do it daily during the AI season.
- Make sure that there is an escape route from the collecting yard so anyone can get away from an aggressive animal.
- Before the breeding season starts, make sure the crush is fit for purpose, moving parts greased, and broken metal repaired with no sharp projections. The floor should be nonslip and clean.
- Batch crushes are always preferred when high numbers are being inseminated.
- Your Al Technician and your vet can advise you on any required changes to your crush design to make it safer.



Example – anti backing bar

Good facilities, good job



## Large numbers of cows/Heifers for AI, Groups for synchronisation

- Plan Talk to your AI technician well in advance of the breeding season so the technician can be fully prepared for your needs.
- If planning a synchronisation job, make sure your facilities are suitable for the numbers involved and our AI technician will be able to carry out the work efficiently and safely.
- Be organized know the bulls needed and the correct recipients in advance.
- For large synchronisation jobs using multiple bulls, it may be possible to batch the animals according to the bull being used.
- For large synchronisation jobs, your AI technician may be able to arrange a team of technicians if enough advance notice is given.
- Be present your help is always invaluable.
- For synch programmes, have enough help so cows can be segregated properly, and our AI technicians can work efficiently and safely.



Example – escape route



Grip in the collecting areas and the crush – a little sand goes a long way.

Example – Batch crushes

Example – Batch crushes

### **Biosecurity**

Always have a washing and disinfection point for your AI technician to use when arriving and leaving your farm so they can always remain biosecure.







# Dairy synchronisation protocols for Fixed Time AI Recommendations 2023

FTAI protocol for Dairy cows - Conventional semen						
Example Day	Time	Day	Action			
Mon 3rd April	Morning	Day 0	Insert P4 device + Inject GnRH			
Mon 10th April	9am	Day 7	Inject PG			
Tue 11th April	9am	Day 8	Remove P4 device + Inject PG			
Wed 12th April	5pm	Day 9	Inject GnRH (32 hrs after P4 device removal)			
Thurs 13th April	9am - 1pm	Day 10	FTAI conventional semen (16-20 hrs post GnRH)			

FTAI protocol for Dairy cows - Sexed semen					
Example Day	Time	Day	Action		
Mon 3rd April	Morning	Day 0	Insert P4 device + Inject GnRH		
Mon 10th April	9am	Day 7	Inject PG		
Tue 11th April	9am	Day 8	Remove P4 device + Inject PG		
Wed 12th April	5pm	Day 9	Inject GnRH (32 hrs after P4 device removal)		
Thurs 13th April	12pm - 3pm	Day 10	FTAI sexed semen (19-22 hrs post GnRH)		

FTAI protocal for Heifers - Conventional Semen						
Example Day	Time	Day	Action			
Mon 3rd April	Anytime	Day 0	Insert P4 device + inject GnRH			
Sat 8rd April	3pm	Day 5	Inject PG			
Sun 9rd April	3pm	Day 6	Remove P4 device + Inject PG			
Tue 11rd April	2 - 4pm	Day 8	FTAI conventional semen + Inject GnRH (48 hrs after P4 device removal)			

FTAI protocol for Heifers - Sexed semen			
Example Day	Time	Day	Action
Mon 3rd April	Anytime	Day 0	Insert P4 device + inject GnRH
Sat 8rd April	9am	Day 5	Inject PG
Sun 9rd April	9am	Day 6	Remove P4 device + Inject PG
Tue 11rd April	9am 4pm - 6pm	Day 8 Day 8	Inject GnRH (48 hrs after P4 device removal) FTAI sexed semen (8 hours post GnRH)