



MUNSTER
BOVINE

AI Technician COVID19
Standard Operating Procedure (SOP)

October 2020

Version 1.1

1 Document Revisions

Date	Version Number	Document Changes	Author
16/03/20	1.0	Initial Draft	Denise Murphy
07/10/20	1.1	Update re face coverings	Denise Murphy

2 Approvals

Role	Name	Signature	Date
CEO	Kevin Coffey		
Head of Technical	Doreen Corridan		
HR Officer	Denise Murphy		
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3 Scope

This Standard Operating Procedure (SOP) details the procedure to be undertaken by Munster Bovines AI Technicians to contain the transmission and spread of COVID 19.

4 Personal Responsibility

- 4.1 Regularly and thoroughly clean your hands with soap and running water when hands are visibly dirty. If your hands are not visibly dirty frequently clean them with an alcohol-based hand rub or wash them with soap and water.**

Why? Both of these practices kill viruses that may be on your hands, Covid 19 is easily killed by simple household disinfectants.

Always wash hands after coughing and sneezing, before food preparation, before eating, after toilet use, when hands are dirty and when you arrive home.

- 4.2 Maintain at least 2 metres (6 feet) distance between yourself and anyone else especially someone who is coughing and sneezing.**

Why? When someone coughs or sneezes, they spray small liquid droplets from their nose or mouth and if you are too close you can breathe them, and they may contain Covid 19 if the person has the disease.

- 4.3 Avoid touching eyes, nose and mouth.**

Why? Hands touching any surfaces where an infected person has coughed or sneezed on may be contaminated with Covid 19. Once contaminated, hands can transfer the virus to your eyes, nose or mouth, from there the virus can enter your body and make you sick.

- 4.4 Practice respiratory hygiene cover your mouth and nose with your bent elbow or tissue when you cough and sneeze.**

Why? Droplets spread virus so you protect the people around you.

- 4.5 If you have fever, cough, loss of smell, difficulty breathing or feeling generally unwell, seek medical care early/advice.**

Why? This will protect you and help prevent the spread.

- 4.6 Contact your FRM if you are experiencing symptoms.**

Why? To allow immediate cover to be obtained

- 5 Remind the herdowners that Munster Bovines Protocol is to avoid where possible and practical any personal contact between the technician and herdowners. If the herdowner's presence is required while the technician is on farm keep a minimum distance of 2 metres at all times and wear a face covering.**

6 On farm

- 6.1 All personal hygiene points above need to be followed.
- 6.2 Maximise usage of mobile phone to avoid where possible and practical any personal contact between the technician and herdowners. If the herdowner's presence is required while the technician is on farm keep a minimum distance of 2 metres at all times and wear a face covering.
- 6.3 Travel alone to the farm. Avoid passengers especially children.
- 6.4 Ensure your vehicle is clean especially the footwell and stocked with gloves, adequate amount of protective waterproof clothing, wellingtons, Fam 30 disinfectant and hand sanitiser.
- 6.5 Fit a new set of gloves to both hands on arrival at each farm. (Appendix 1)
- 6.6 Avoid shaking hands – Nod
- 6.7 Continually wear gloves on both hands from arrival on farm and leave the gloves with the other disposables on farm. Keep gloves clean. You can still get infected from contaminated gloves.
- 6.8 On leaving the farm with the AI procedure and documentation completed, remove the gloves and use hand sanitiser or wash hands with soap and warm water and dry with a paper towel- Not a cloth towel.
- 6.9 Wear waterproof protective clothing and wellingtons at all times. They need to be cleaned and disinfected each time you leave the farm.
- 6.10 Use footbath when provided on arrival.
- 6.11 Each day when finished work empty the water flask of water and clean the guns.

7 Depot

- 7.1 Only one person should be in each depot at any given time.
- 7.2 Wear gloves on entering the depot and dispose of them in the bin provided. Alternatively, if a bin is unavailable put in a bag and dispose accordingly.
- 7.3 On leaving the depot with the work and documentation completed, remove the gloves and use hand sanitiser or wash hands with soap and warm water and dry with a paper towel- Not a cloth towel.

8 AI Technician suspected COVID 19

- 8.1 If an AI Technician suspects they have contracted Covid-19, they must follow the HSE guidelines.
- 8.2 The AI technician must contact their FRM (Farm Relationship Manager) immediately who will in turn notify the Munster Bovine Office.
- 8.3 The necessary cover will be arranged in the area.
- 8.4 The AI Technician must follow the HSE guidelines in relation to self-isolation.
- 8.5 Once isolation completed/ you are recovered please contact the FRM.

Appendix :1- Glove Fitting Technique



Appendix 2 :- HSE Coronavirus Facts

Coronavirus COVID-19



Coronavirus
COVID-19
Public Health
Advice

If you have fever and/or cough you should stay at home regardless of your travel or contact history.

All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit hse.ie **OR** phone HSE Live 1850 24 1850

How to Prevent



Stop
shaking hands or hugging when saying hello or greeting other people



Distance
yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell



Wash
your hands well and often to avoid contamination



Cover
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid
touching eyes, nose, or mouth with unwashed hands



Clean
and disinfect frequently touched objects and surfaces

Symptoms

- > Fever (High Temperature)
- > A Cough
- > Shortness of Breath
- > Breathing Difficulties

For Daily Updates Visit
www.gov.ie/health-covid-19
www.hse.ie

Ireland is operating a delay strategy in line with WHO and ECDC advice



Rialtas na hÉireann
Government of Ireland

Appendix 3: How to use Face Coverings

How to use Face Coverings



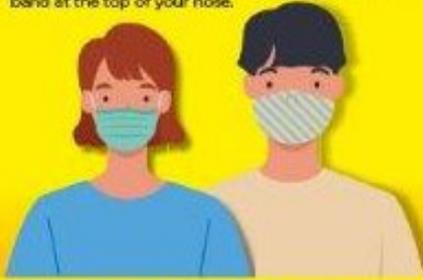
Coronavirus
COVID-19
Public Health
Advice

ALWAYS CLEAN YOUR HANDS BEFORE AND AFTER WEARING A FACE COVERING

Correct Covering

Medical masks should be reserved for health workers or patients in treatment.

If you have been advised to wear a medical mask, always have the coloured side showing and the metal band at the top of your nose.



Check Your Fit

Check that the face covering is made from a fabric that you are comfortable wearing.



Check that it is easy to fit and completely covers your nose and mouth, all the way down under your chin.



Tighten the loops or ties so it's snug around your face, without gaps. If there are strings, tie them high on top of the head to get a good fit. Do not touch or fidget with the face covering when it is on.



DO NOT:
Wear the face covering below your nose.



DO NOT:
Leave your chin exposed.



DO NOT:
Wear it loosely with gaps on the sides.



DO NOT:
Wear it so it covers just the tip of your nose.



DO NOT:
Push it under your chin to rest on your neck.



FOLLOW THESE TIPS TO STAY SAFE:

ALWAYS wash your hands before and after handling your face covering.

ALWAYS change your face covering if it is dirty, wet or damaged.

Carry unused face coverings in a sealable clean waterproof bag, for example, a ziplock.

Carry a second similar type bag, to put used face coverings in.

CHILDREN UNDER 13 should not wear face coverings.

ALWAYS wash cloth face coverings on the highest temperature for cloth.

Safe Removal



Use the ties or ear loops to take the face covering off.

Do not touch the front when you take it off.



Disposing Of Single-Use Mask



Always dispose of single-use masks properly in a bin.

Don't forget to clean your hands and keep social distance.




Stay safe. Protect each other.





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